



THE FORT YORK FOOD BANK

Sector: Food and Shelter

Location: 797 Dundas Street West
Toronto, ON M6J 1V2

Website: www.fyfb.com

Charitable registration number: 86714 7464 RR0001

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About The Fort York Food Bank: Founded in 1998, the Fort York Food Bank (FYFB) is a grassroots, volunteer-driven (one paid staff member) charitable organization that directly assists families and individuals living in need in downtown Toronto. Being a local organization, FYFB staff and volunteers take the time to speak with every client that comes through their door. Every client contact is an opportunity to establish trust and identify their core needs beyond the immediacy of food. Most clients live off less than \$4/day after occupancy costs and the FYFB is a vital service that can help prevent homelessness amongst this vulnerable population. FYFB goes beyond distributing food to really reconnecting clients with their community through a holistic group of services that help people get back on track through counselling, training and advocacy so they can find jobs, safe housing and appropriate social/community programs.

Social Results:

- The FYFB delivered 14,388 food hampers (3 days of food) to 3,713 downtown Toronto clients in F08.
- The number of unique clients increased by 29.3% in F08 from F07.
- The FYFB provided 1,266 counselling (2-3 sessions each) or external referrals to agency partners.
- In addition, the FYFB served over 31,350 meals in F08 in their Community Kitchen which represented a 49% increase over F07 numbers.

Financial Overview:

- Administrative costs to charity value remained consistently low at 0.5% from F06 to F08.
- Donations increased by 30% year-over-year to match the 30% increase in unique clients served.
- Fundraising costs to donations remains very low at 4%.

Investment Highlights:

- Volunteer driven organization (volunteers have generated 25% of charity value) has been able to successfully handle increases in unique clients, meals provided and referrals by fiscally managing their budget and increasing donations.
- Program cost coverage (incl. 3 months of food) of 6% highlights an extreme fundraising need.
- Very low administrative costs and fundraising costs indicates a focus on program delivery.
- High amount of counselling/referrals (1,266 in F08) to unique clients suggest that this organization is following its mission of helping to get people on track.

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Year ending March 31st

Program Data	2008	2007	2006
Program costs	86,247	74,262	88,409
Total volunteers	612	545	462
Total volunteer hours	18,730	15,442	12,104
Volunteer turnover rate (%)	n/a	n/a	n/a
Clients served	3,713	2,871	2,616
New clients	1,300	1,281	1,110
Returning clients	2,413	1,590	1,506
Hampers distributed	14,388	10,911	9,793
Food value/client	\$189	\$178	\$196
Clients referred (%)	48%	44%	58%
Food industry donors (est.)	n/a	n/a	n/a
Value food/\$ donated	\$6.35	\$6.18	\$6.28
Food Waste (% total est.)	n/a	n/a	n/a

Charity Analysis

Revenues (less interest income)	110,476	82,560	81,394
Value of volunteer time donated	280,950	231,630	181,560
<u>Donated goods & services</u>	<u>732,255</u>	<u>556,237</u>	<u>571,664</u>
Charity value	1,123,681	870,427	834,618
Community size (pop.)	218,780	218,780	218,780
Community ownership (local support \$ / pop.)	5.14	3.98	3.81
Scope of service (clients' % of pop.)	1.7%	1.3%	1.2%
Administrative costs (% of charity value)	0.4%	0.5%	0.5%
Fundraising costs (% of donations)	4%	3%	3%
Program cost coverage including 3 months of food	6%	12%	2%

Audited Financials

(All figures in \$)

Donations	89,376	73,917	74,358
Fees for services	–	–	–
Government funding	21,100	8,643	7,036
Interest income	–	–	12
<u>Special events and other</u>	<u>–</u>	<u>–</u>	<u>–</u>
Total revenues	110,476	82,560	81,406
Program costs	86,247	74,262	88,409
Administrative costs	4,158	4,359	3,869
<u>Fundraising costs</u>	<u>3,197</u>	<u>2,465</u>	<u>2,074</u>
Operating cash flow	16,874	1,474	(12,946)
Capital expenditures	–	–	–
Funding reserves	15,365	24,972	5,539

History: The FYFB was founded in 1998 to serve an area in downtown Toronto previously served by the Daily Bread Food Bank, which was moving its operations to the suburbs. FYFB originally focussed on providing emergency supplies but has evolved based on the changing needs of its clients. It now provides an integrated set of services including counselling and advocacy, community drop-in centre, and community vitality programs.

Management: The FYFB is governed by a dedicated voluntary Board of Directors (12) including President and Vice-Chair that have been involved since inception. One paid staff member works with the BOD to drive the day-to-day operations and coordinating efforts of volunteers in delivering programs.

Community need: The FYFB covers a significant portion of downtown Toronto and that area has expanded over the past 10 years as other agencies have closed. There is a wide diversity in their ethnic population (38% in F08 are recent immigrants) and FYFB has recognized this by adding multi-lingual volunteers. Less than 10% of the clients are homeless and 20% are represented by children.

Investment risks: Reserve funds at the end of F08 were only sufficient to meet 6% of annual program costs. The FYFB faces continued pressure to fundraise and grow its volunteer base in order to sustain results. Expected growth in new clients and subsequent increase in program costs only emphasizes the urgency to raise additional funds in F09.

Potential Conflict: Ci's analyst of food banks, Chris Murphy, is a board member of Fort York Food Bank. The recommendation of Fort York Food Bank has been independently reviewed.

The information in this report was prepared by Charity Intelligence Canada and its independent analysts. Factual material information is obtained from the charitable agency and reliable sources. Information may be available to Charity Intelligence Canada or its analysts that is not reflected in this report. Charity Intelligence Canada and its analysts have made endeavours to ensure that this data in this report is accurate and complete, but accept no liability.